

## Senior/Master/Junior FIXTURES TO NOTE from 1<sup>st</sup> October 2017 to December 2017

### **CROSS COUNTRY**

**NB: Any Senior/Junior/Master wishing to compete in the Galway County cross country on 1<sup>st</sup> October, please let the secretary know no later than 5pm on Monday 25<sup>th</sup> September. It would be super to see the club well represented at this seasons cross country events.**

Also let the secretary know if you wish to compete in any of the Connaught adult cross country league races. [secretary@galwaycityharriers.com](mailto:secretary@galwaycityharriers.com) or 087 9234224

### **CROSS COUNTRY fixtures**

Tuesday 26<sup>th</sup> Sept – Galway Primary Schools xc final. Renmore. Helpers welcome from 11am.

Sunday 1<sup>st</sup> October . Galway County xc. Sen/Jr/Master. Novice/Intermediate.

(preceded by Juvenile even ages). Venue: **Tuam**, 1pm

Sunday 8<sup>th</sup> October. Juvenile odd ages. Venue: Kilkornan

Saturday 21<sup>st</sup> October. Day 1 Connaught xc Adult League. (18yrs +) Novice/Senior/Master (035)

Venue: St. Bridgets GAA, Kiltoom, Co. Roscommon.

Distance: women 4k, men 8k. 4 to score on team. (preceded by Primary schools xc @12pm

Sunday 22<sup>nd</sup> October. AAI Autumn Open xc and National Masters Trials. Venue: National Sports Campus, Abbotstown. 11am.

(note- any master athlete wishing to be considered for selection for the **Derry** event must be registered with the IMMA)

Sunday 29<sup>th</sup> October. Day 2 Connaught Adult League. Venue: Hazelwood, Calry, Sligo.

(preceded by Juvenile even ages @12 noon)

Sunday 5<sup>th</sup> November. Day 3 Connaught xc Adult League. Venue: Moyne College, Longford.

(preceded by Juvenile uneven ages)

Saturday 18<sup>th</sup> November. British & Irish Masters Cross Country Championships. Venue: **Derry**

Sunday 26<sup>th</sup> November. National Junior /Senior/uneven ages. Venue: Abbotstown

Sunday 10<sup>th</sup> December. European xc Championships. Venue: Slovakia

Sunday 17<sup>th</sup> December. National Novice xc & Juvenile uneven ages. Venue: TBD

### **Local AAI permitted ROAD RACES**

Saturday 30<sup>th</sup> September. Colemanstown 10k

Saturday 7<sup>th</sup> October. Galway Bay 10k, half & full marathon

Saturday 14<sup>th</sup> October. CLC Connemara AC 10k, Carna

Saturday 28<sup>th</sup> October. Corrib AC 4k/8k

Sunday 15<sup>th</sup> October. Moylough 10k

Sunday 5<sup>th</sup> November. Corofin AC Winning Ways 8k

Saturday 11<sup>th</sup> November. Athenry AC Fit4Life 5k.

Sunday 19<sup>th</sup> November. South Galway Athletic club – Ballinderreen 10k, incorporating the Galway County 10k Championship.

### **NATIONAL MARATHON Championships**

Sunday 29<sup>th</sup> October. Dublin City Marathon.

**NB - Club Athletes who are competing in the National Marathon Championships:** If no Club Teams are declared, then the first 3-4 club athletes across the line will be considered a team, regardless of age category. Team Declaration forms available on Athletics Ireland website, to be returned by Friday 20<sup>th</sup> October. (Team categories: Senior, Master 35, Master 50)