

FIXTURES TO NOTE

Track & Field:

Thursday 20th July. Dangan Track @7.45pm: Series of 1 mile time trials. (8, 7,6,5,4 minute) All welcome.

Saturday 22nd & Sunday 23rd July. National Senior Track & Field championships, Morton Stadium, Santry.

Sunday 30th July. Round 2 National Track & Field League

ROAD RACES:

Saturday 29th July. Balla 10k, (25th running of) Mayo @7pm

Saturday 12th August. Galway Clinic Streets of Galway 8k @ 7pm

Sunday 13th August. National Half Marathon (in conjunction with Rock and Roll Half Marathon, Dublin)

Saturday 26th August. Claregalway 10k @6pm

Sunday 24th September. Loughrea AC 'Grey Lake' 10k

CROSS COUNTRY FIXTURES.

Local Open Cross Country fixture: Saturday 23rd September. Castlegar AC Open xc. Venue: Doughiska, Galway.

Events: Juvenile relays (u8, u10, u12, u14 boys/girls), Mixed Senior relay, 3k short course race (ideal for all abilities). Junior/Senior/Master Women's 4k, Junior/Senior/Master Men's 6k.

Galway Primary Schools cross country: Tuesday 19th September and Tuesday 26th September, Renmore.

Galway County Cross Country:

Day 1. Sunday 1st October. Juvenile Even Ages and Senior. Venue: Tuam to host

(This date is the provisional date for the Seniors – to be confirmed)

Day 2. Sunday 8th October. Juvenile Odd Ages. Venue: to be confirmed (Loughrea/South Park or Clarinbridge). Venue Inspections to be arranged.

Connacht Cross Country Fixtures:

Saturday 14th October. Adult league Day 1 and Primary schools XC. Venue: to be decided, possibly in Roscommon

Sunday 29th October. Adult League Day 2 and Juvenile even ages. Venue: Calry, Hazelwood, Sligo. (hosted by Leitrim)

Sunday 5th November. Adult League Day 3 and Juvenile uneven ages. Venue: Moyne Community School, Longford.

National Cross country dates:

Sunday 22nd October. Autumn Open Cross Country and Masters Trials. Venue: Abbotstown

Saturday 18th November. British & Irish Masters Cross Country Championships. Venue: Derry

Sunday 26th November. Juvenile Even ages and National Senior Inter-Club/Counties.

Venue : New Forest Estate Tyrrellspass, Westmeath

Sunday 10th December. European xc Championships. Venue: Slovakia

Sunday 17th December. Juvenile Uneven ages and National Novice xc. Venue: to be confirmed