

**Sunday 25th February 2018**

Times are for guidance only

Age Category	Event	Time	Age Category	Event	Time	Age Category	Event	Time	
U18 Girls	4x200m	10.00am				Girls	Pole Vault	10.30am	
U18 Boys	4x200m					Boys	Pole Vault	2.00pm	
U16 Girls	4x200m								
U16 Boys	4x200m					U17 Boys	High Jump	10.30am	
U14 Girls	4x200m					U18 Boys	High Jump		
U14 Boys	4x200m					U19 Boys	High Jump		
Senior Women	3km	11.00am				Senior Men	High Jump		
Senior Men	3km					U17 Girls	High Jump	11.30am	
U18 Girls	400m	11.30am	U16 Girls	60m	11.15am	U18 Girls	High Jump		
U18 Boys	400m		U16 Boys	60m		U19 Girls	High Jump		
U19 Girls	400m		U15 Girls	60m		Senior Women	High Jump		
U19 Boys	400m		U15 Boys	60m		U15 Girls	High Jump	12.30pm	
Senior Women	400m		U14 Girls	60m		U15 Boys	High Jump		
Senior Men	400m		U14 Boys	60m		U14 Girls	High Jump	1.30pm	
U16 Girls	1500m	12 noon	U17 Girls	60m		U14 Boys	High Jump		
U16 Boys	1500m		U17 Boys	60m		U16 Girls	High Jump	2.30pm	
U17 Girls	1500m		U18 Girls	60m		U16 Boys	High Jump		
U17 Boys	1500m		U18 Boys	60m					
U18 Girls	1500m		U19 Girls	60m		U14 Girls	Long Jump 1	10.00am	
U18 Boys	1500m		U19 Boys	60m		U14 Boys	Long Jump 2	10.00am	
U19 Girls	1500m		Senior Women	60m		U17 Girls	Long Jump 1	11.30am	
U19 Boys	1500m		Senior Men	60m		U17 Boys	Long Jump 2	11.30pm	
Senior Women	1500m					U18 Girls	Long Jump 1	12.30pm	
Senior Men	1500m					U19 Girls	Long Jump		
U14 Girls	1K Walk	12.30pm				Senior Women	Long Jump		
U14 Boys	1K Walk					U18 Boys	Long Jump 2	12.30pm	
U15 Girls	1K Walk					U19 Boys	Long Jump		
U15 Boys	1K Walk					Senior Men	Long Jump		
U16 Girls	1500m Walk						<i>Long Jump Break</i>		
U16 Boys	1500m Walk					U16 Girls	Long Jump 1	1.30pm	
U17 Girls	1500m Walk					U16 Boys	Long Jump 2	1.30pm	
U17 Boys	1500m Walk					U15 Girls	Long Jump 1	2.30pm	
U18 Girls	1500m Walk					U15 Boys	Long Jump 2	2.30pm	
U18 Boys	1500m Walk								
U19 Girls	1500m Walk					U18 Girls	Triple Jump	3.30pm	
U19 Boys	1500m Walk					U18 Boys	Triple Jump		
Senior Men	1500m Walk					U19 Girls	Triple Jump		
Senior Women	1500m Walk					U19 Boys	Triple Jump		
	<i>Track break, 1-.1.30pm, hurdles put out</i>						Senior Women	Triple Jump	
Senior Women	800m	1.30am	U14 Girls	60mH	1.30pm	Senior Men	Triple Jump		
Senior Men	800m		U14 Boys	60mH					
U19 Girls	800m		U15 Girls	60mH		Senior Men	Shot Put(7.26Kg)	10.00am	
U19 Boys	800m		U16 Girls	60mH		U19 Boys	Shot Put (6Kg)		
U18 Girls	800m		U17 Girls	60mH		U18 Boys	Shot Put (5Kg)		
U18 Boys	800m		U18 Girls	60mH		U17 Boys	Shot Put (5Kg)		
U17 Girls	800m		U15 Boys	60mH		Senior Women	Shot Put (4Kg)	10.45am	
U17 Boys	800m		U16 Boys	60mH		U19 Girls	Shot Put (4Kg)		
U16 Girls	800m		U19 Girls	60mH		U18 Girls	Shot Put (3Kg)		
U16 Boys	800m		Senior Women	60mH		U17 Girls	Shot Put (3Kg)		
U15 Girls	800m		U17 Boys	60mH		U16 Girls	Shot Put (3Kg)	11.15am	
U15 Boys	800m		U18 Boys	60mH		U16 Boys	Shot Put (4Kg)		
U14 Girls	800m		U19 Boys	60mH			<i>Shot putt Break</i>		
U14 Boys	800m		Senior Men	60mH		U15 Girls	Shot Put (2.72Kg)		
U16 Girls	200m	2.45pm				U15 Boys	Shot Put (3Kg)		
U16 Boys	200m					U14 Girls	Shot Put (2kg)		
U17 Girls	200m					U14 Boys	Shot Put (2.72Kg)		
U17 Boys	200m								
U18 Girls	200m								
U18 Boys	200m								
U19 Girls	200m								
U19 Boys	200m								
Senior Women	200m								
Senior Men	200m								
U15 Girls	4x200m	4.00pm							
U15 Boys	4x200m								
U17 Girls	4x200m								
U17 Boys	4x200m								
U19 Girls	4x200m								
U19 Boys	4x200m								