

**Connacht U14-Senior Track & Field Competition**

**Order of Events: Saturday 16th June 2018, Claremorris**

Events may run ahead/behind/ Please refer to announcements/watch track

**All seniors compete with U19, Masters**

**Track 10.00am Relays 18,16,14,19,17,15**

**Check in 9.45am**

	<u>Event</u>	<u>Age</u>	<u>height</u>	
11.00am	<b>400m H</b>	18 B	84cm	0
	400m H	19 B /sen	91 cm	2
	400m H	18 G	76 cm	1
	400m H	19 G	76 cm	3
	<b>300m H</b>	17 G	76cm	6
	300m H	17 B	76cm	2
	<b>250m H</b>	15B	76cm	4
	250m H	16B	76cm	5
	250m H	15G	68 cm	4
	250m H	16G	68 cm	7

**Move all hurdles to the sprints area lanes 3-8**

11.45 am	<b>1500m</b>	16/17 G		10	
		18-sen G		10	
		16/17 B		13	
		18-sen B		15	
		14+15 G		15	
12.30pm		14+15 B		8	
	<b>2000m W</b>	14 G/B		8	
		15 G/B		4	
		16 G		0	
		16 B		2	
		<b>3000m W</b>	17 G/B		2
			18/19 G		7
	1.05pm	<b>75m H</b>	14G	68 cm	15
			14B	76cm	10
		<b>80m H</b>	15/16G	76cm	8
<b>100m H</b>		17/18G	76CM	5	
<b>80mH</b>		15B	84cm	4	
<b>100m H</b>		19 G	84cm	2	
		16 B	84cm	5	
<b>110m H</b>		17/18 B	91 cm	3	
		19/sen B	99cm	1	
1.30pm		<b>S/C</b>	17G - 2000m	76CM	2
		18G-2000m	76CM	1	
		17 B 3000m	76 cm	2	
		19 G- 3000m	76CM	0	
		18/19 B- 3000m	91cm	3	

1.45pm **Track lunch break**

	<u>Event</u>	<u>Age</u>		
2.10pm	<b>80m</b>	14 G	23	
		14 B	15	
	<b>100m</b>	15 G	19	
		15 B	11	
		16 G	10	
		16 B	14	
		17 G	12	
		17B	12	
		18 G	6	
		18 B	1	
3.10pm		19/sen G	8	
		19 B	7	
		Sen Men	6	
	<b>800m</b>	14 G	15	
		14 B	13	
		15 G	6	
		15 B	9	
		16 G	7	
		16 B	6	
		17 G	8	
3.50pm		17 B	8	
		18/19 G	7	
		18/19 B	9	
		Sen Women	3	
		Sen Men	8	
	<b>400m</b>	17-sen G		
		17-sen B		
	4.15 pm	<b>3000m</b>	16-Sen G	19
			16-Sen B	31
	4.35pm	<b>200m</b>	18/Sen	
		17 B		
		17 G		
		16 B		
		16 G		
		15 B		
		15 G		
		14 B		
	14 G			